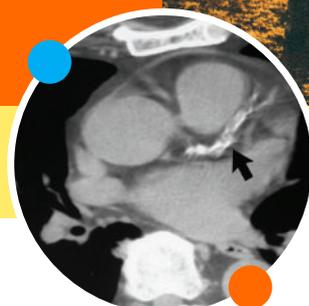


# TAKE CARE OF YOUR HEART HEALTH

## NOW OFFERING HEART SCREENINGS



WE BRING BRILLIANCE TO HEALTH & WELLNESS

### WHAT IS A HEART CT SCAN?

Heart CT, also called Coronary Artery Calcium Scoring, can detect signs of heart disease at an early stage and help you take charge of your heart health.

It is a simple, non-invasive CT exam that evaluates the extent of calcified plaque buildup in the arteries of the heart. This can be an indicator of coronary artery disease (CAD). The higher the score, the higher the risk of a cardiac event. If you have CAD, you can make lifestyle changes or plan treatment options with your doctor.

### WHO SHOULD HAVE A HEART CT SCAN?

The exam may be useful for women 45–70 years old and men 40–70 years old with any of these risk factors:

- Family history of heart disease
- Smoking
- High cholesterol
- Diabetes
- High blood pressure
- Excess weight

If you are experiencing heart symptoms or have a history of coronary artery disease, you should not have this exam. Talk to your doctor about your options.

### HOW DO I PREPARE FOR THE SCAN?

Avoid caffeine and other stimulants for three hours before your appointment. The entire exam takes less than 30 minutes.

### HOW DO I GET MY RESULTS?

Approximately 1–2 weeks following your exam, you'll receive a copy of your report with your calcium score. If your report warrants follow-up, your doctor will be able to use the information to determine a treatment plan that's right for you.

OFFICIAL MEDICAL PROVIDER



### SCHEDULE AN APPOINTMENT

#### MANSFIELD

2975 E. Broad St.  
Suite 101  
Mansfield, TX 76063  
**CALL 214.420.5400**

#### MCKINNEY

7300 Eldorado Pkwy.  
Suite 170  
McKinney, TX 75070  
**CALL 972.920.0120**

[RAYUSradiology.com/texas](http://RAYUSradiology.com/texas)

This exam requires a doctor's referral and is not usually covered by insurance. Payment is due at the time of service. Ask for a current price quote at the time of scheduling.

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